



WILMINGTON

DERMATOLOGY

C E N T E R

POST-BOTOX INSTRUCTIONS

1. No manipulation for 3-4 hours after Botox injection
2. Do not lay down for 3-4 hours after Botox injection
3. Make sure to exercise the muscles treated for approximately 2 hours; this will enhance the flow of Botox to the muscles
4. Do not take any aspirin or Ibuprofen products as this may increase the risk of bruising