



WILMINGTON  
DERMATOLOGY  
C E N T E R

## **Sculptra**

### **What to expect from the procedure**

- Numbing medicine will be injected to reduce the discomfort of the injection
- The treatment area is cleansed with an antiseptic
- Sculptra is administered by injecting into the cheek and temple areas
- Following each injection, the correction site will be massaged to conform to the contour of the surrounding tissues
- Ice will be applied during and after the injection
- Results with Sculptra are gradual. It will take 4-6 weeks for patients to see any change and up to 6-12 months for full results. Most patients require 2-3 sessions to achieve the desired results
- Periodic touch-up injections help sustain the desired level of correction
- The procedure is temporary. Additional treatments will be required periodically for the effects to continue. Generally the effects last 2 years



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### **Pre-Treatment Instructions**

1. Please arrive at the office without make-up.
2. The most common complications following injection include: swelling, bruising, tenderness at the injection site, these typically lessen or disappear within a day or two. Some bruising may last up to 10-14 days.
3. Avoid taking Aspirin, Non-steroidal Anti-Inflammatory Drugs (NSAIDS) such as ibuprofen, Vitamin E, Ginger, Ginko Bilboa, Ginseng, and Garlic 10-14 days prior to the procedure. These drugs and herbs may cause excessive bleeding or bruising.
4. To further decrease the risk of bruising you may start Arnica or Arnica/Bromelin supplements one day prior to your procedure and continue for a few days following the procedure. Arnica gel may be of benefit for use post procedure to help reduce bruising. These may be purchased in our office or can be found at any health food store.