



Microblading Pre-treatment instructions

****Failure to follow these pre-treatment instructions can negatively impact your results and cause adverse reactions****

- 2 weeks prior to your procedure stop the use of:
 - Retinols: Retin A, Tretinoin, Tazorac®, “anti-aging” products
 - Glycolic acid products
 - Salicylic acid products
 - Read the labels on all of your skin care products, including over-the-counter to avoid these ingredients
- Avoid taking Aspirin, Non-steroidal Anti-Inflammatory Drugs (NSAIDS) such as ibuprofen, Vitamin E, Fish Oil, Ginger, Ginko Bilboa, Ginseng, and Garlic 10-14 days prior to the procedure. These drugs and herbs may cause excessive bleeding or bruising.
- Do not wax or tint brows 3 days prior to treatment
- No Botox or facial treatments 3-4 weeks ahead of treatment
- No microdermabrasion or dermaplaning 2 weeks prior
- No laser or chemical peels for 1 month prior
- Do not exercise the day of procedure
- Stay out of the sun, if sun burnt, then we will need to reschedule
- Alcohol should not be consumed day of or in excess the night before

On the day of your procedure please arrive without make up and contact lenses. When you arrive at the office pre-procedure pictures will be taken. A topical anesthetic will be applied to the areas being treated.