



WILMINGTON

DERMATOLOGY

C E N T E R

Laser Hair Removal Pre-Treatment Instructions

1. Please shave on the day prior to the procedure. A day's growth is helpful so that the area that requires treatment is easily recognizable.
2. You must avoid waxing, plucking, threading or electrolysis of the hair for 4 weeks prior to treatment. Facial hair grows faster, and treatments should be stopped 2 weeks prior to treatment. The laser needs the hair at skin level in order to effectively destroy the hair follicle.
3. Avoid the sun exposure, tanning beds, and self tanner for 4 weeks prior to treatment. The lighter skin allows more energy to be delivered to the target. Treating tanned skin can increase risk of pigment alteration. Recent sun exposure may result in cancellation of treatment.
4. Be sure that the treatment area is fully washed off and has no makeup, medication etc.
5. Be certain that you are not on medications such as Accutane, Retin-A, Gold Therapy, Alpha-hydroxy acids at present. Accutane patients need to be off therapy for 6 months prior to treatment. These medications, and several others, can make your skin susceptible to damage from the laser.

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