



PRP (Platelet Rich Plasma)

Pre-Treatment Instructions

1. The most common complications following PRP include: swelling, bruising, tenderness at the injection site, these typically lessen or disappear within a day or two. Some bruising may last up to 10-14 days.
2. Avoid taking Aspirin, Non-steroidal Anti-Inflammatory Drugs (NSAIDS) such as ibuprofen, Vitamin E, fish oil, Ginger, Ginko Bilboa, Ginseng, and Garlic 10-14 days prior to the procedure. These drugs and herbs may cause excessive bleeding or bruising.