



BBL

Pre-Treatment Instructions

1. Avoid avoid any type of sunburn or suntan for 4 weeks prior to laser treatments. Treatment of tanned skin can increase the risk of blistering and/or permanent skin discoloration.
2. Do not use any self-tanning lotions in the month prior to treatment.
3. Stop using Retin-A one week prior to treatment.
4. All patients will be given medication to prevent cold sores. Even though you may have never had a breakout most people have been exposed to the virus that causes cold sores. You will take Valtrex 500mg by mouth twice daily starting the day prior to the procedure and continuing the next 5 days.
5. Please arrive at the office without make-up and a clean face. Pre-procedure photos will be taken. Topical anesthetic cream will be applied to the treated area 30 minutes prior to the treatment appointment time.