

POST-COLLAGEN P.I.N. INSTRUCTIONS

Day 2, 3 and 4

- Step 1 Cleanse the skin thoroughly with *Induction Therapies Cleanse IT*.
- Step 2 Apply Induction Therapies *PHAZ* liberally over entire treated area. You may feel a burning sensation as the *PHAZ* is applied.
- Step 3 AM only, apply *Induction Therapies* **V35 SPF** (do not apply any chemical sunscreens!)
- Step 4 If desired, *ONLY* use mineral based make-up on days 1, 2, 3, & 4.

 Normal skincare routines are not to be resumed until day 5.

No Glycolic Acids, Retinoids or PH lowering skincare products

Day 5: Resume Normal Skincare Routine

Note: Avoid sweaty exercise for the first 12 hours

Avoid excessive sun exposure for the first 72 hours