

## POST-DYSPORT INSTRUCTIONS

- 1. No manipulation for 3-4 hours after Dysport injection
- 2. Do not lay down for 3-4 hours after Dysport injection
- 3. Make sure to exercise the muscles treated for approximately 2 hours; this will enhance the flow of Dysport to the muscles.
- 4. Do not take any aspirin or Ibuprofen products as this may increase the risk of bruising