

### **What to expect with Skinvive by Juvederm**

- Numbing medicine will be used to reduce the discomfort of the injection
- The treatment area is cleansed with an antiseptic and multiple injections will be made depending on where the provider and patient choose.
- Following each injection, the correction site will be massaged to conform to the contour of the surrounding tissues.
- After the treatment additional implantation of hyaluronic acid may be necessary to achieve the desired result
- Periodic touch-up injections help sustain the desired level of correction. The procedure is temporary. Additional treatments will be required periodically for the effects to continue. Generally, the effects last 6-9 months.

### **Pre-Treatment Instructions**

1. Please arrive at the office without make-up. This is a medical procedure and make-up can increase the risk of complications. If you are wearing make-up the day of the procedure, you will be asked to fully remove your make-up.
2. Photos will be taken prior to any procedure as well as at follow-up. In order to have accurate photos; you will be asked to take off any jewelry, remove all make-up, and secure your hair. We will also ask you to rinse your mouth with an antiseptic wash.
3. The most common complications following Skinvive by Juvederm include swelling, bruising, tenderness at the injection site, these typically lessen or disappear within a day or two. Some bruising may last up to

10-14 days. Please plan on the possibility of having a bruise and make sure you do not have any major events for 2 weeks after your injections.

4. Avoid taking Aspirin, Non-steroidal Anti-Inflammatory Drugs (NSAIDS) such as ibuprofen, Vitamin E, fish oil, Ginger, Ginkgo Bilboa, Ginseng, and Garlic 10-14 days prior to the procedure. These drugs and herbs may cause excessive bleeding or bruising.
5. If you have a history of cold sores, an active herpes outbreak, or any dental procedures scheduled in the next month please notify us so we can discuss your options.
6. To further decrease the risk of bruising you may start Arnica Forte® supplements. The suggested dosing is to take one pill twice daily starting one day prior to your procedure and continue for 3-5 days following the procedure depending on the amount of bruising post procedure.