



710 Military Cutoff Road • Suite 320 • Wilmington, NC 28405 • (910) 256-4350

Pico Post-treatment Instructions-Brown Spots

- You can apply plain petroleum jelly or Aquaphor to the treated spots as they heal. The healing process usually takes up to 14 days. Please avoid picking at spots that were treated.
- The crust will then fall off and the treated spot will appear pink which will continue to fade to your normal color.
- The area must be protected with daily sunscreen of SPF 30 or higher to prevent recurrence.
- You may experience a burning or stinging sensation for up to 2-3 hours post treatment, however most discomfort should resolve within a few minutes after completion of treatment.
- Improper care can increase the risk of complications.
- Please notify Dr. George at 910-256-4350, if you experience excessive pain, swelling, blistering, or have any questions or concerns.