

### **Pico Laser Brown Spots Pre-treatment Instructions**

The Discovery Pico laser is a device used for destroying brown spots. This is achieved by heating the melanin while sparing the surrounding skin.

This procedure causes minimal discomfort similar to the snap of a hot rubber band.

You may take Ibuprofen or Tylenol about one hour prior to the procedure if you wish to help minimize the discomfort associated with the procedure.

You will need to apply plain petroleum jelly or Aquaphor to the treated spots as they heal. The healing process usually takes up to **14 days**.

The crust will then fall off and the treated spot will appear pink which will continue to fade to your normal color.

The area must be protected with daily sunscreen of SPF 30 or higher to prevent recurrence and to prevent complications.

You may experience a burning or stinging sensation for up to 2-3 hours post treatment, however most discomfort should resolve within a few minutes after completion of treatment.

Improper care can increase the risk of complications.

Results will be noticeable after one treatment. Full resolution of brown spots may need additional treatments.