

Pico Laser Tattoo Removal Pre-treatment Instructions

- o The Discovery Pico laser is a device used for removing tattoos on the skin. This is achieved by heating the tattoo ink in the spots while sparing the surrounding skin.
- o This procedure causes discomfort like the snap of a hot rubber band. Please notify your provider if you wish to have the area topically numbed before treatment.
- o You may take ibuprofen or Tylenol about one hour prior to the procedure if you wish to help minimize the discomfort associated with the procedure.
- o You can apply cold compresses to tattoo for 20 minutes every hour for 48 hours. The healing process could include redness, edema, swelling at the site or occasionally blistering may occur. If a blister does occur, do not pop the blister. We recommend applying Aquaphor or Vaseline.
- o The area must be protected with daily sunscreen of SPF 30 or higher to prevent complications.
- o You may experience a burning or stinging sensation for up to 2-3 hours post treatment, however most discomfort should resolve within a few minutes after completion of treatment.
- o Improper care can increase the risk of complications.