710 Military Cutoff Road • Suite 320 • Wilmington, NC 28405 • (910) 256-4350

What to Expect During Your CoolTone Procedure.

CoolTone is a safe, non-invasive treatment which is usually well tolerated with minimal discomfort and downtime.

**On the day of your procedure <u>please wear comfortable clothing and eat something before coming to</u> the office. **

You are welcome to bring books or magazines, but ipads/smart phones are prohibited during the treatment as well as anyone accompanying you - due to the electromagnetic field from the procedure. We do have magazines in the office and a television with Netflix to help pass time during your procedure.

When you arrive at the office pre-procedure pictures will be taken and each treatment will last 30 minutes per area.

Contraindications

- Implanted electrical devices
- Graves' disease, active bleeding disorder, or seizure disorders
- Metal implants
- Pregnancy/breastfeeding
- · Copper or any metal IUD devices
- Active Crohn's disease
- Heart Problems
- Malignant Tumor
- Pulmonary insufficiency

During Your CoolTone Procedure:

- You will either sit or lie down during your procedure
- An applicator will be applied directly above the targeted area.
- You'll feel strong muscles contractions and tapping sensations