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What to Expect After Your CoolTone Procedure

- After your treatment, you will be slightly sore - like a nice strength or core workout. We will provide you with detailed aftercare instructions at your appointment.

What kind of results can I expect?

- Visible signs of improvement are typically reported 2-4 weeks after the last session and continue to improve for several weeks following. Individual results may vary. A minimum of 4 treatments is recommended.

Post procedure Care

- None! However, staying healthy and active is recommended for maintaining optimal results.