

Ellacor Pre Procedure

- Two Weeks Prior to Procedure:
 - Do not consume any blood thinning agents such as aspirin, ibuprofen, herbal medications, or supplements such as grapeseed extract, Vitamin E, fish oil, etc.
 - Avoid exposure to sun or tanning beds that could result in red, peeling, or swollen skin.
 - Avoid invasive and minimally invasive skin procedures in the procedure area. If you are currently taking any type of blood thinners under the direction of a physician, please discuss this with your treating physician.
- One Day Prior to Procedure:
 - Shave excessive facial hair; beard and/or mustache. When possible, use an electric powered shaver to minimize the potential for skin abrasions and cuts.
- Day of Procedure:
 - The skin on your face, chin, and neck should be free of makeup, lotions, and other skin care products.
 - Wear clothes that are comfortable; avoid shirts that have a high neck or collar.
 - Plan on 1 hour for the procedure.