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Everesse

Post-Treatment Instructions

IMMEDIATELY AFTER TREATMENT:

- Remove any residue from the treatment area.
- Apply a cool, damp cloth or gel pack to reduce any discomfort as needed.
- Avoid retinoids, AHAs/BHAs, or exfoliating products.
- Apply broad-spectrum sun protection (at least 30 SPF).

FIRST 24-48 HOURS:

- Use mild cleansers and a hydrating, non-comedogenic moisturizer, or any products as recommended by the treatment provider.
- Avoid using hot water on the treated area(s) for 24 hours.
- Avoid steam rooms, saunas, or intense exercises that cause excessive sweating.
- Use mineral-base makeup or avoid heavy makeup products until redness subsides.
- Limit alcohol intake