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Pico Tattoo Removal Post-treatment Instructions

- Immediately after treatment, there may be “frosting” on the area that is treated. Redness and swelling is typical. Pinpoint bleeding may also occur.
- A cool compress may be applied and Tylenol is recommended for discomfort.
- The treated area should be cared for delicately until healing is complete and care should be taken to avoid trauma to the area for the first 7 days after treatment.
- Clean treated area daily allowing water or shower to run over the wound, and then pat the area dry.
- Do NOT pick, peel, rub, scrub, or scratch at the skin in the treatment area throughout the healing process. If crusting occurs, do not shave or pick area.
- Although blisters and scabs can be a normal response to tattoo removal, most patients will not experience them. In the case that you do, it is important to not pop or pick at them. If the blister pops on its own, keep the skin over it covered with a healing ointment and gauze to promote healing and prevent scarring.
- No swimming or using hot tubs/whirlpools until the area heals.
- Avoid sun exposure. When treatment area is exposed to the sun use a thick layer of 30+ SPF sunblock with zinc oxide and reapply every 2 hours.

Please notify Dr. George at 910-256-4350, if you experience excessive pain, swelling, blistering, or have any questions or concerns.