



710 Military Cutoff Road • Suite 320 • Wilmington, NC 28405 • (910) 256-4350

Laser Hair Removal Pre-Treatment Instructions

1. Please shave on the day prior to the procedure. If area is not shaved or hair is too long, patient may need to reschedule.
2. You must avoid waxing, tweezing, threading or electrolysis of the hair for 4 weeks prior to treatment.
3. Avoid sun exposure, tanning beds, and self tanner for 4 weeks prior to treatment. The lighter skin allows more energy to be delivered to the target. Treating tanned skin can increase the risk of pigment alteration. Recent sun exposure may result in cancellation of treatment.
4. Be sure that the treatment area is fully washed off and has no makeup, medication etc.
5. Please discuss with provider prior if you are on medications such as Accutane, Retin-A, Gold Therapy, Alpha-hydroxy acids at present. These medications, and several others, can make your skin susceptible to damage from the laser.