



### Laser Hair Removal Post-Treatment Instructions

1. Immediately after the treatment there may be redness and bumps at the treatment site, which will last up to two hours or longer. It is normal for the treated area to feel like a sunburn for a few hours. You may use a cold compress, aloe-vera gel, or 1% hydrocortisone if needed.
2. Makeup may be used after the treatment. Moisturizer will help the dead hair exfoliate from the follicle, so use moisturizer frequently and freely on the treated area.
3. Avoid sun exposure for four to six weeks after the treatment to reduce the chance of dark and light spots. Use sunscreen SPF 30 or greater at all times throughout the course of the treatment.
4. Do not use any other forms of hair removal methods, or products on the treated area during the course of the laser treatment (tweezing, waxing and depilatories), as it will prevent you from achieving your best results. You may shave the area if needed.

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